

PRACTICE GOOD WATER-USE HABITS

Kitchen

- Run the dishwasher with a full load to save water, energy, detergent, and money.
- Use the dishwasher's short wash cycle if your dishes are only lightly soiled.
- Dry scrape dishes instead of rinsing them and do not pre-rinse dishes if you are using the dishwasher.
- Fill a basin or the sink with soapy water instead of letting the water run continuously when washing dishes by hand. Soak pans rather than scrubbing them while the water is running.
- Rinse produce in a pan of cold water instead of letting the water run.
- Transfer frozen foods to the refrigerator to defrost the night before you need them instead of letting water run over them.
- Keep a container of water in the refrigerator rather than running tap water until it is cool enough to drink.
- Limit the use of garbage disposals and consider composting.

Laundry room

- Wash only full loads.
- Match the load setting with the amount of laundry to be washed if you must wash partial loads.
- Use the shortest wash cycle for lightly soiled loads as it uses less water than other cycles.

Bathroom

- Don't use your toilet as a trash can for paper and facial tissues.
- Turn the water off when you aren't using it.
- Run water just to wet and rinse the toothbrush instead of allowing the water to run while brushing your teeth.
- Apply the same idea when washing your hands.
- Use only as much water as you really need.
- Take shorter showers instead of a bath.
- Use water-efficient showerheads, which often use less water than a bath.
- Turn off the water while you are shampooing your hair.



Texas Water Development Board

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WATER IQ
Know your water.™

www.wateriq.org

Visit the following Web site for additional information.

www.epa.gov/watersense

CONSERVING WATER INDOORS



YOU CAN EASILY SAVE a minimum of 20 gallons per day just by installing water-efficient fixtures and reducing leaks.

Per capita water use in Texas averages 164 gallons per person per day. By adopting water-saving measures, you can reduce that amount and save money. Making a habit of conservation makes sense. It protects the water resources of both current and future Texans.